



H-1B REQUEST TO RECAPTURE TIME

As a general principle, days spent outside the U.S. during the validity period of an H-1B petition will not be counted toward the 6-year maximum period of stay in the U.S. in H-1B status. This means that this time can be "recaptured" and added back to the beneficiary's total maximum period of stay, as long as these absences are properly documented. Those applying for recaptured time are required to submit independent documentary evidence establishing that they were physically outside of the U.S. during the entire period they seek to recapture.

In the "Passport and/or Other Documents..." fields below, enter the passport number & passport page where an entry or exit stamp has been placed by an official at a port of entry. If providing alternative evidence, list the type of evidence in that field (e.g., I-94, plane ticket stubs, trip itinerary confirmation). Attach copies of the travel evidence, labeled with corresponding trip numbers [Column 1], to this worksheet for future submission to USCIS with your H-1B petition.

Table with 5 columns: Trip Number, Date of departure from U.S., Date of re-entry to U.S., Passport and/or other documents to support dates of absence, # of days outside the U.S. (USCIS defines "day" as a full 24-hours). Includes a footer section for 'Check one:' with checkboxes for 'See next page for more entries' and 'Total number of days outside of the U.S. ='



Trip Number	Date of departure from U.S.	Date of re-entry to U.S.	Passport and/or other documents to support dates of absence	# of days outside the U.S. (USCIS defines "day" as a full 24-hours)
6				
7				
8				
9				
10				
11				
12				
13				
14				
Check one:				
<input type="checkbox"/> See next page for more entries			<input type="checkbox"/> Total number of days outside of the U.S. =	



Trip Number	Date of departure from U.S.	Date of re-entry to U.S.	Passport and/or other documents to support dates of absence	# of days outside the U.S. (USCIS defines "day" as a full 24-hours)
15				
16				
17				
18				
19				
20				
21				
22				
23				
Check one:				
<input type="checkbox"/> See next page for more entries			<input type="checkbox"/> Total number of days outside of the U.S. =	