

An aerial photograph of the University of Oregon campus, showing various academic buildings, green spaces, and a large stadium on the right. The background features a range of mountains under a cloudy sky. The entire image has a green color overlay.

Visa Session

International Student & Scholar Services



What are you most excited about?

Turn to student next to you and share – 5 minutes





Fall Term



Academic Dates

- **Classes in session:** September 29 – December 5
- **Final Exams:** December 8 – 12
- **Winter holiday break:** December 13 – January 4
 - On-campus housing closes December 12 - January 3
 - Limited availability to stay on-campus
 - **Fall only exchange students** – you must submit a 'move-out' form before the end of fall term
- **Winter term registration:** week of November 17
- **Winter term begins:** January 5

Adding & Dropping Classes

- **Sept 28: Last day for complete withdrawal w/100% refund** (requires ISSS approval)
- **Oct 5: Last day to drop a class w/100% refund** (requires ISSS approval and assistance – you cannot drop a class in Duckweb)
- **Oct 6:** Last day to add classes
- Review the [Refund Schedule](#) for “Reduction of Credits.”
- Tuition penalties apply anytime a class is dropped after these dates, even if you add another class.
- **You are responsible for paying drop class penalty fees!**

Billing & Payment

- **Bill notification sent to UO email**
 - Subject line: *'University of Oregon Account Billing Statement'*
- **Payment Due October 1**
 - Tuition, fees, insurance and on-campus housing charges
 - J-1 students (Refer to your Program Cost sheet)
 - Late fees will apply after 10-day grace period
 - All charges must be paid in full to register for next term.
- **How to Make a Payment**
 - Most international students use [Flywire](#) to pay their bill, but there are other payments options as well. Refer to [Make a Payment](#) for payment options.

Important Legal Documents



Passport

- **6-month validity** required at all times
- Renew through your home country embassy in the US



F-1 Visa

- **Entry document only...** like a key to open a door
- **Visa can expire** – not tied to legal status in the US
- Visas can only be **renewed outside the US in your own country**



- **Program end date cannot expire** while you are in US studying
- We can **extend** your I-20 if you need more time
- We will **shorten** your I-20 when you apply to graduate
- Program end date should match your final term of enrollment

PROGRAM OF STUDY

EDUCATION LEVEL BACHELOR'S	MAJOR 1 Business/Commerce, General 52.0101	MAJOR 2 None 00.0000
PROGRAM ENGLISH PROFICIENCY Required	ENGLISH PROFICIENCY NOTES Student is proficient	EARLIEST ADMISSION DATE 05 DECEMBER 2020
START OF CLASSES 04 JANUARY 2021	PROGRAM START/END DATE 04 JANUARY 2021 - 14 JUNE 2024	

FINANCIALS

DS-2019

- We can **extend** your DS-2019 if you need more time or want to extend your exchange program (requires ISSS approval)
- We will **shorten** your DS2019 if you leave your program early

I-94 - Required Evidence of Legal Status in US

- Evidence of admission to US in F-1 or J-1 status and registration with US government
- You must carry most recent I-94 with you at all times.
- Download, print and keep with passport. Go to i94.cbp.dhs.gov/I94/#/home
- D/S (duration of status) – *no fixed expiration date*. ISSS manages your legal status.
- Required for post-grad work authorization, SSN and Oregon driver's license.



Most Recent I-94

Admission (I-94) Record Number : 8729543A4

Most Recent Date of Entry: 2024 July 02

Class of Admission : F1

Admit Until Date : D/S

Details provided on the I-94 Information form:

Last/Surname : Quacks
First (Given) Name : Alot
Birth Date : 1993 November 14
Document Number : P3778444
Country of Citizenship : USA

[Get Travel History](#)

F-1 & J-1 Federal Regulations



Enrollment Requirement

- **Full-time each term**

- UG = 12 credits min (8 classroom credits)
- GR = 9 credits min (6 classroom credits)

- **Reduced Course Load (RCL) options**

Requires ISSS approval!

- Medical leave
- Vacation term in the US
- Academic difficulty
- Thesis/Dissertation credits (3 credit min.)
- Final term of study

Drop Credits Refund Schedule

<https://registrar.uoregon.edu/dates-deadlines/refund>

RCL Exceptions

<https://issu.uoregon.edu/reduced-course-load-options>

Making Academic Progress

- **Make normal progress** toward degree completion
 - Graduate students - GPA at 3.0 or above
 - Undergraduate students – GPA above 2.0
- Disqualification or dismissal terminates F-1 or J-1 status

US Address & Phone Number

- **Update address within 10 days of arrival or change of address**
 - US address + US phone – use MAILING address type
 - Home country address + phone – use PERMANENT address type
- **Two ways to update US address**
 - Duckweb (under Personal Information)
 - Registrar (<https://registrar.uoregon.edu/grades-records/record-updates/address-changes>)
- **Our front desk can help you!**

Employment – On-campus

- 20 hours per week while school is in session
- 40 hours per week during school breaks (i.e. summer break)
- No special work authorization required

Apply for jobs on Handshake

<https://career.uoregon.edu/jobs-and-internships/handshake>

Apply for Int'l Work-Study

<https://iss.uoregon.edu/international-work-study-award>

Employment – Off-campus

- Working off-campus is **prohibited** for F-1 & J-1 students
- **Exceptions for F-1 students:**
 - **Curricular Practical Training (CPT)**
 - Internship or job must be related to your major field of study
 - Continuous F-1 status for one academic year *before* eligible
 - ISSS grants work authorization
 - **Optional Practical Training (OPT)**
 - 1 year work authorization after graduating w/2-year STEM extension
 - USCIS grants work authorization

Travel to & From the US

- An ISSS advisor's signature required on I-20 or DS-2019 **first time you leave US, then every 6 months**
- Travel in the US does **not require a travel signature**
- **Carry your passport, I-20 or DS-2019 and printed I-94 with you at all times *outside of Eugene***
 - *Remember the I-94 is evidence of registration with US govt*
- Leave of absence or travel for emergency purposes requires notifying ISSS

Vacation Term

- You are eligible for a **vacation term in the US** after being enrolled 3 consecutive terms
 - No enrollment required
 - Can work on-campus full-time (up to 40 hrs per week)
 - Can apply for CPT work authorization
- **Summer is always the default vacation term**
- If you enroll **full-time summer term** (and meet online class restrictions), you can **request fall, winter or spring as your vacation term**

Vacation Term *continued*

EXAMPLE	Fall 2025	Winter 2026	Spring 2026	Summer 2026	Fall 2026
Scenario 1	Full Time	Full Time	Full Time	Default Vacation	Full Time
Scenario 2	Full Time	Full Time	Full Time	Full Time	Approved Vacation

- Summer is the default vacation term and does not require ISSS approval
- **Fall, winter and spring does require ISSS approval**

Temporary Leave/Family Emergencies

- You can take a leave during your program for one or more terms
- You will not lose your admission status or scholarship/s
- Must leave the US during a temporary leave
- Depending on how long you will be gone, you may be able to re-enter on your current I-20 or you may need a new I-20
- Talk to an ISSS advisor before you leave so we can advise

Failure to Maintain Legal F-1 or J-1 Status

- Negatively impacts your eligibility to:
 - stay in the U.S.
 - apply for CPT or OPT work authorization
 - pursue visa options in the future, including H-1 B work visas and US green card.
- **Pay attention to your legal documents**
- **Read your email**
- **Talk to an ISSS advisor if you have questions**
- **Don't let small problems become big problems**

US Government Agency Benefits



Social Security Number (SSN)

- F-1 students must have a job offer before applying for an SSN
- J-1 students can apply anytime
- SEVIS record must be active (check with an ISSS advisor)
- How to apply:
 - F-1 students
 - J-1 students



Oregon Driver's License or State ID

- SEVIS record must be active (check with an ISSS advisor)
- How to apply:
<https://issu.uoregon.edu/drivers-license-oregon>



Additional Reminders



Be Aware of Scams!

- US Gov't and Police will never **call you** and demand payment
- **Never** give money or personal information over the phone
- Hang up and call ISSS at (541) 346-3206
- You will not get in trouble for hanging up on someone that is trying to threaten you

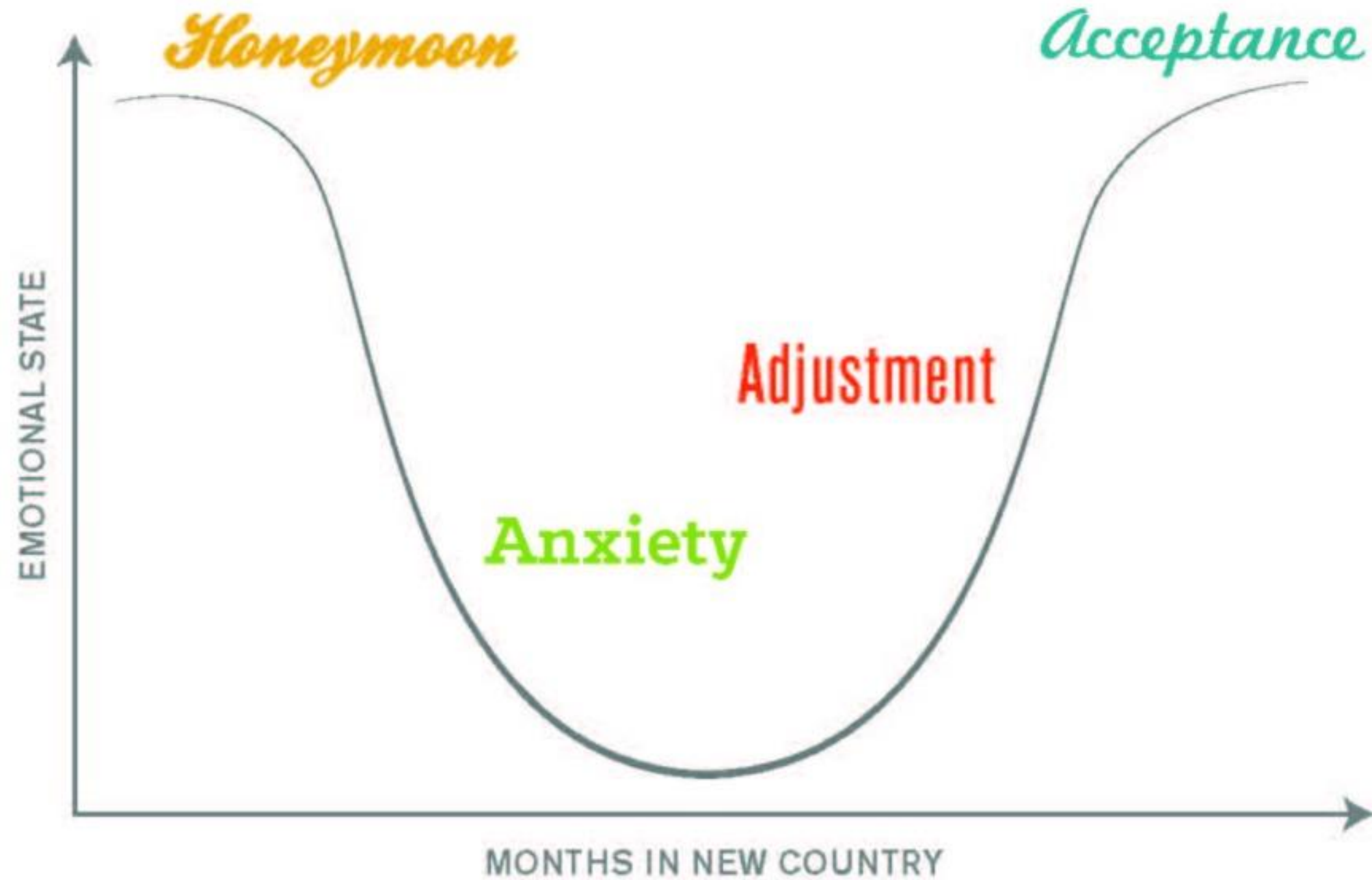


Email Communication

- Check and organize your UO Email inbox regularly
- **Emails from ISSS are important!**
- You will receive emails from
 - intl@uoregon.edu (Division of Global Engagement)
 - ISSS advisor (Wanda, Michael, Nick or Becky)



STAGES *of* CULTURE SHOCK



How to Overcome Culture Shock

- Ask questions and educate yourself
- Seek support
- Get involved
- Practice self-care
- Embrace the experience
- ***ISSS is here to support you!***

ISSS Advising Office Hours

- **Oregon Hall, 3rd floor**
- **Phone: 541-346-3206**
- **Email:** intl@uoregon.edu
- **In-person or Zoom Appointments**
- **Call-in Advising** (same day call back)
 - Monday-Friday 9:00 a.m. - 3:00 p.m.
- **Walk-In Advising**
 - Monday-Friday 1:30 p.m. - 3:30 p.m.



ISSS Communication Resources

- **Website**

- issss.uoregon.edu

- **Online portal (e-forms)**

- iconnect.uoregon.edu



- **Social Media**

- WeChat: add wjamerson

- WhatsApp: add [+1 541-513-4686](https://wa.me/15415134686)

- Instagram: https://www.instagram.com/uo_iss/

