

## Pre-Arrival Health Requirements for International Students

*The following steps must be completed before you arrive at the University of Oregon*

### Health Requirements

University of Oregon (UO) international students are required to submit records of mandatory immunization (vaccines) and a Tuberculosis (TB) Screening Questionnaire before you can register for classes. The following vaccines are required at the University of Oregon:

Vaccine	Proof of Immunization Required
<a href="#">Measles, mumps, and rubella (MMR) *</a>	Two doses of the MMR vaccine or two doses of individual measles and mumps vaccines and one dose of rubella vaccine; first dose of MMR or individual measles, mumps, and rubella vaccines on or after age 1—OR—titer (blood test) showing immunity—OR—birthdate prior to 1957
<a href="#">Meningococcal quadrivalent (serogroups A, C, Y, and W-135) (MCV4, MPSV4)</a>	One dose on or after age 16 for all students who are under 22 years of age
<a href="#">Tetanus, diphtheria, and pertussis (Tdap)</a>	One dose on or after age 11 (note: Td does NOT satisfy the requirement)
<a href="#">Varicella (chickenpox)</a>	Two doses; first dose on or after age 1—OR—physician documentation of disease—OR—titer (blood test) showing immunity

#### Please complete the following before leaving your home country:

1. Obtain the mandatory vaccines listed above.
2. Go to the myUOHealth Portal ([health.uoregon.edu/myUOHealth](http://health.uoregon.edu/myUOHealth)) and enter the dates of your completed vaccines to myUOHealth Student Portal using your UO email (Duck ID).
3. Upload your vaccine record from your doctor or ask your doctor to complete the UO Certificate of Immunization Status form and upload to myUOHealth Portal.
4. Complete the “Tuberculosis (TB) Screening Questionnaire” in the “Forms” Section of the myUOHealth Portal. If you are at a higher risk of TB, you will be notified of further instructions.

For full details, please visit: [health.uoregon.edu/immunization-requirements](http://health.uoregon.edu/immunization-requirements)