

Pre-Arrival Health and Insurance Requirements for International Students

The following steps must be completed before you arrive at the University of Oregon

Health Requirements

University of Oregon (UO) international students are required to submit records of mandatory immunization (vaccines) and a Tuberculosis (TB) Screening Questionnaire before you can register for classes. The following vaccines are required at the University of Oregon:

Vaccine	Proof of Immunization Required
Measles, mumps, and rubella (MMR) *	Two doses of the MMR vaccine or two doses of individual measles and mumps vaccines and one dose of rubella vaccine; first dose of MMR or individual measles, mumps, and rubella vaccines on or after age 1—OR—titer (blood test) showing immunity—OR—birthdate prior to 1957
Meningococcal quadrivalent (serogroups A, C, Y, and W-135) (MCV4, MPSV4)	One dose on or after age 16 for all students who are under 22 years of age
Tetanus, diphtheria, and pertussis (Tdap)	One dose on or after age 11 (note: Td does NOT satisfy the requirement)
Varicella (chickenpox)	Two doses; first dose on or after age 1—OR—physician documentation of disease—OR—titer (blood test) showing immunity

Please complete the following before leaving your home country:

1. Obtain the mandatory vaccines listed above.
2. Go to the myUOHealth Portal (health.uoregon.edu/myUOHealth) and enter the dates of your completed vaccines to myUOHealth Student Portal using your UO email (Duck ID).
3. Upload your vaccine record from your doctor or ask your doctor to complete the UO Certificate of Immunization Status form and upload to myUOHealth Portal.
4. Complete the “Tuberculosis (TB) Screening Questionnaire” in the “Forms” Section of the myUOHealth Portal. If you are at a higher risk of TB, you will be notified of further instructions.

For full details, please visit: health.uoregon.edu/immunization-requirements

Health Insurance Requirement

The University of Oregon requires that all international students have health insurance.

1. Complete the “Insurance Compliance Form” in the myUOHealth Portal.
2. All international students are automatically enrolled in the UO Student Health Benefits Plan. Please pay your premiums before posted deadlines to avoid a late fee and hold on your account.
3. If you have other insurance, it may qualify for a waiver – deadlines apply and waiver criteria are strictly enforced

For full details, please visit: health.uoregon.edu/insurance-requirements

myUOHealth Portal

health.uoregon.edu/myUOHealth

To access the myUOHealth Portal, you must set up your UO email account (Duck ID)