



PRE-ARRIVAL CHECKLIST

International Student & Scholar Services

Submit your intent to register form (Fall Term Only)

Undergraduate Admits: Complete the Intent to Register form at admissions.uoregon.edu/iitr

Graduate Admits: Each graduate program requires different procedures for informing the program of your intent to enroll. Please contact them directly for further information. You may access a list of programs on the Graduate School website at gradschool.uoregon.edu/academic-programs.

Sign up and attend International Student Orientation (ISO) at iss.uoregon.edu/iso

- Visit the ISO website to learn your program dates and plan your travel. We recommend arriving a few days early to adjust to the timezone.
- Watch your email: About 3-4 months before ISO you will receive emails from iso@uoregon.edu with instructions on how to sign up and any other things you need to do before ISO.
- Special note for Graduate students: You are expected to attend ISO when it does not conflict with your Graduate School Orientation events. Check the orientation website, gradschool.uoregon.edu/orientation.

Create your Duck ID and UO email account

Your Duck ID is the username that comes before your UO email address. Set up your UO email account at duckid.uoregon.edu. Click on 'Claim Your Duck ID.' You will need the UO ID number and the Personal Access Code (PAC). If you have trouble setting up your Duck ID the IT website has more detailed instructions, it.uoregon.edu/duckid.

Complete online testing

Undergraduate students must complete their [AEIS English Language Placement test](#) AND [Math Placement Test](#) before traveling to Eugene. If you do not complete both tests, you will not be allowed to register for classes during ISO. Please check your UO e-mail regularly to stay updated regarding the testing process.

Graduate students: Placement testing is not required for MOST graduate students. Make sure you understand all your program requirements by communicating with your academic department.

Exchange students: Placement testing is not required for exchange students.

Watch the required pre-arrival training videos, vimeo.com/album/3940941

1. **[Welcome to the University of Oregon](#)**
2. **[Immigration Training for Students Studying in the US for the First Time](#)**
This video is REQUIRED for students who will travel to the US for the first time to attend the University of Oregon. J-1 student visa holders should NOT watch this video. You will receive all important information during ISO.
3. **[Immigration Training for Students Transferring from a US school or the UO AEI program](#)**
This video is REQUIRED for students who are coming from AEI or another US school. J-1 student visa holders should NOT watch this video. You will receive all important information during ISO.
4. **[Using Common Sense On and Off Campus](#)**
5. **[Academic Success at the University of Oregon](#)**
6. **[Healthy Social Life and Safety Tips](#)**
7. **[Healthy Relationships and Dating](#)**
8. **[Identity Theft and Scams](#)**

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Freshman students contact your peer mentor “Big Brother, Big Sister”

Peer Mentors are current students who will be your personal friend and helper during your first term here. Once you sign up for ISO you will get an email from your Peer Mentor. Please respond and start asking questions you have about the UO and Eugene.

Arrange for housing

During ISO: If you need housing before ISO begins you can stay with a host family or find a hotel.

- Host Family Information: Limited spaces are available to stay with a local family for a few days (temporary) before moving into your residence hall or apartment (it's free). Students beginning fall term will receive an email on how to sign up in July. All other students, oregon.qualtrics.com/jfe/form/SV_8AJanXDykzXHBkh.
- Hotel Information: Find hotels near the UO. Many students choose to stay at the Phoenix Inn Suites.
- TIP: the EMX bus may stop near your hotel and connect directly to the UO! Show your UO ID to ride for free!

During the school year: Students can choose to live on or off campus at the University of Oregon. Learn more in our [Housing Guide](#) for international students.

Return required forms

- Submit Immunization Forms. The UO requires proof of measles (Rubeola) and mumps immunity for all incoming students. Submit your forms to the [Health Center](#) before attending ISO.
- Send transcript. After you complete your studies at your current school, send a final transcript to UO Office of Admissions, 1217 University of Oregon, Eugene, OR 97403.
- Sign the Revolving Charge Agreement. All new students are asked to sign a revolving charge agreement acknowledging that you have received the information which explains the terms and conditions of your billing account. To sign the agreement, login to Duckweb, select “Student Menu”, select “Revolving Charge Agreement.” Read, check box to agree, and sign.

Enroll in US insurance or request a waiver

All international students are required to carry health insurance. Health insurance is a complex topic that you will learn more about during ISO. Please get started by completing the following:

- Read the information provided at the [UO Health Insurance Plan website](#).
- You will need to pay extra attention to this information if you would like to submit a [Waiver](#) or enroll your dependents in the plan.
- Please notice the insurance start and end dates. It is possible that you will be arriving in the U.S. before health insurance coverage begins. You may want to purchase a travel policy for anytime you are in the U.S. before your UO health insurance begins.

If you have questions about health insurance, you can email UOstudentinsure@uoregon.edu.

Final Steps

Don't forget [apply for your visa](#), book your flight to arrive in Eugene and attend ISO. If you have any questions e-mail iso@uoregon.edu.

TALK TO US:

