



F-1 Medical Reduced Course Load – Information Guide (rev. 2017-09-25)

Information for the F-1 Student

If you are an F-1 student experiencing a temporary medical condition that prevents you from studying full-time, you may request permission for a medical reduced course load (medical RCL). A medical RCL allows you to remain in the US for a term while enrolled only part-time or, if medically necessary, not enrolled at all. To qualify for a medical RCL:

- You must submit to the Office of International Affairs recent medical documentation from a licensed medical doctor, clinical psychologist, or doctor of osteopathy that recommends a reduced course load based on a temporary illness or medical condition. See the information below for your medical care provider to review.
- The medical documentation must be signed, dated and refer to the specific term (e.g., “Fall 2017 Term”) for which you are requesting a reduced course load.
- The medical condition must be your own (a medical RCL cannot be granted for medical conditions experienced by your dependent family members).
- Authorization for a medical RCL is granted on a term-by-term basis and requires submission of updated medical documentation for each additional term of medical RCL requested.
- No more than 12 months (four quarters) of medical RCL may be granted at your current degree level. You may be eligible for an additional 12 months of medical RCL eligibility if you advance to a higher degree level.
- You must return to full-time study in the term immediately after a medical RCL term, unless you are approved for another term of medical RCL.
- Acceptable documentation must be received by the Office of International Affairs before you can be authorized for a reduced course load.

UO Student Health Insurance. You should consult with the University Health Center regarding your eligibility for health insurance coverage under the UO International Student Health Insurance Plan for any term you are on a medical RCL. Please go to the University Health Center or to <http://health.uoregon.edu/insurance> for more information.

Information for the F-1 Student’s Medical Care Provider

Under US federal regulations at 8 CFR 214.2(f)(6)(iii)(B), an international student in F-1 student status may be authorized to enroll on a part-time basis (or, if necessary, withdraw from enrollment altogether) if the student has a temporary illness or medical condition necessitating a reduced course load. In order to obtain authorization for a reduced course load on medical grounds, the student must provide medical documentation substantiating the condition and recommending a reduced course load. Documentation must meet the following requirements:

- The documentation must be provided on official letterhead and must be signed by a medical doctor, licensed clinical psychologist, or doctor of osteopathy only
- The documentation should be dated and refer to the specific term (e.g., “Fall 2017 term”) that the student is requesting a reduced course load
- The documentation must clearly identify the student as the patient experiencing the illness or medical condition
- The documentation must verify the existence of a medical condition and recommend that the student take a reduced course load (or no course load) for medical reasons for the term
- Updated documentation may be required for each term of reduced course load requested by the student

Please note: Verification of the existence of a medical condition alone is insufficient to authorize a student for a medical reduced course load. Documentation must be provided by a medical doctor, licensed clinical psychologist, or doctor of osteopathy specifically recommending part-time study (or no study) or on medical grounds.

Delivery of documentation: Medical documentation may be provided directly to the student or delivered to the Office of International Affairs via facsimile (541-346-1232) or by mail to the address indicated below. Please contact the Office of International Affairs at 541-346-3206 or intl@uoregon.edu should additional information be required.